Message for Preceptors: Please note that you may assign tasks or projects that would be beneficial for interns in addition to those listed here. While it is the intern’s responsibility to complete the assignments required by the USU DI, you as the preceptor can ask to see the results of their work on those assignments and offer useful feedback on their performance. Some of the projects they do may result in data that could be useful for your facility.

CLINICAL ROTATION OBJECTIVES
At the end of this course the intern will be able to:

1. Effectively apply clinical skills and competency to provide appropriate medical nutrition therapy (MNT) and other nutrition care in a variety of medical and health care settings.
2. Analyze and critically evaluate clinical ideas, practices, and procedures.
3. Function as a productive member of the clinical team and as a member of an interdisciplinary team.
4. Effectively find and use appropriate resources to solve clinical questions and problems.
5. Apply clinical didactic knowledge while working in various clinical areas.
6. Demonstrate at least entry level proficiency of ACEND competencies outlined in Clinical Nutrition Learning Activities.

INTERN AND PRECEPTOR MEETINGS
The intern is responsible for setting up some conference calls during this rotation. One meeting during the first week of the rotation will be with the intern, the preceptor, and the USU DI faculty. The other call is just between the intern and the USU DI Faculty and may or may not take place during the rotation.

GENERAL CLINICAL LEARNING ACTIVITIES
1. PROFESSIONALISM POINTS
   DI Faculty will assign interns Professionalism Points based on their conduct, completion of assignments, and communication during the course of the rotation.

2. CLINICAL WORKSHEET
   The intern completes this prior to beginning to the rotation to prepare for what may be encountered during the rotation.

3. CLINICAL TASK SHEET
   The intern must complete a variety of tasks or speak with specific personnel about certain aspects of the clinical setting. On this sheet they will keep track of which tasks have been completed with dates and initials of those with whom they talked to or worked.

4. CLINICAL STATISTICS REPORT
   The intern is responsible for keeping track of the work done during the clinical rotations. This will help the intern keep track of the number of disease states they learn about and patients they screen, assess, and teach. The intern is to record the number of times they do tasks daily.

5. CLINICAL DISCUSSION BOARD
The intern is to use online discussion boards to actively discuss rotation-related topics with classmates located in varied locations. This includes offering comments, questions, and/or replies to other postings that are engaging, develop critical thinking skills, make connections to real-life situations, generate new ideas, and/or offer suggestions that can be translated back to practice.

NUTRITION CARE FOR INDIVIDUALS AND GROUPS

6. IPC SKILLS SHEET
   CRDN 2.1, 2.4, 2.5, 2.6, 3.6, 4.9
   The intern must answer the questions on this data sheet in conjunction with some of their assignments or meetings with personnel as part of completing the Clinical Task Sheet.

7. OPC SKILLS SHEET
   CRDN 2.1, 2.4, 2.6, 3.6, 4.9
   The intern must answer the questions on this data sheet in conjunction with some of their assignments or meetings with personnel as part of completing the Clinical Task Sheet.

8. LTC SKILLS SHEET
   CRDN 2.1, 2.4, 2.6, 2.11, 3.10, 4.4, 4.9
   The intern must answer the questions on this data sheet by interviewing the LTC preceptor.

9. INTERVIEW AND EDUCATION EVALUATIONS
   CRDN 2.8, 2.10, 3.1, 3.3, 3.6, 3.8
   The intern is to practice interviewing and teaching skills after observing the dietitian 1-2 times.
   ▪ 9.1 Patient Interview: The intern and preceptor will select a new patient and/or family to interview. The preceptor will observe and complete the Interview Evaluation.
   ▪ 9.2 and 9.3 Patient Education: The intern and preceptor will select two (2) patients who need education on a nutrition topic and teach that patient and/or family on the topic. The preceptor will observe and complete the Education Evaluation for each education provided.

10. NCP DOCUMENTATION & EVALUATION
    CRDN 1.2, 1.3, 2.2, 2.10, 3.1, 3.3
    The intern must practice using the Nutrition Care Process. The intern must submit documentation on two patients during the inpatient rotation and one during the outpatient rotation. At least one note in the inpatient rotation should be a critical care, nutrition support, or renal patient. The intern must complete a thorough nutrition assessment on the patient(s), identifying the best nutrition diagnosis using the NCP standardized language, plan and implement nutrition intervention strategies, and specify appropriate indicators to be monitored and/or evaluated to determine the progress of each patient. The intern will document or chart each of these NCP processes using the ADIME format, and have the preceptor evaluate each note using the NCP Documentation Evaluation. The intern will type and submit a copy of the note to the USU DI that does not include any patient identifiers.

11. NUTRITION-FOCUSED PHYSICAL EXAM EVALUATION
    CRDN 1.6, 2.1, 2.10, 2.11, 3.1, 3.2, 3.3
    The intern will complete nutrition-focused physical exams on patients during the clinical rotation. At least one evaluation of the intern’s skills of conducting an NFPE should be completed during the rotation. Interns receive instruction on NFPE during internship orientation and have resources available online for reference.

12. COUNSELING PRACTICE
    CRDN 2.8, 2.10 3.3, 3.6, 3.8
The intern will practice motivational interviewing with a volunteer and record the counseling session for evaluation by DI faculty.

13. COUNSELING EVALUATION
The intern will practice counseling skills and techniques while working with clients. Effective counseling requires specific skills which the intern will learn through observation and practice. After observing the dietitian counseling clients 3-4 times, the intern and preceptor will discuss the different counseling skills and techniques the dietitian uses and why/how they work. The intern and preceptor will select one (1) client to for the intern to counsel. The preceptor will observe and evaluate the intern and complete the Counseling Evaluation.

14. NUTRITION CASE STUDY PRESENTATION
The intern must prepare and present a clinical patient case study to professional colleagues. This should be completed toward the end of the inpatient rotation. Complete details of this activity are available on the internship website.

15. CLINICAL STAFF RELIEF
The intern is to take on all clinical responsibilities of one of the dietitians at the facility. The goal is to give the intern the opportunity to practice the clinical skills they have learned by working as the “RD”. While doing staff relief, the dietitian/preceptor will still be available for questions if the intern runs into problems and will continue to co-sign all documentation. Approximately two weeks or eighty (80) hours of staff relief are required.

PRINCIPLES OF DIETETICS

16. RESEARCH-LIVE PRESENTATION
The intern will choose a controversial nutrition topic with opposing views and present their analysis of the research to their classmates in an online class. This will allow interns to practice their research analysis and presentation skills.

Additional Items

17. OTHER EVALUATIONS AND LOGS
The intern must complete various other evaluations and logs during their experience. Some of these may need to be signed by the preceptor. The preceptor will be asked to complete a Final Evaluation towards the end of the rotation to evaluate the intern’s overall performance in specific areas.

18. ONLINE CASE STUDIES
The intern is to complete case studies found in the Clinical course online. These case studies are designed to help interns practice using the NCP.

19. LEARNING MODULES, APPLICATION, AND COMPREHENSIVE EXAM
The intern must complete various lectures and quizzes online. The comprehensive exam is proctored through an online program called Proctorio. In the event the Proctorio system does not work an intern may ask a preceptor to proctor their exam.